



# Cow Hill Circuit

<https://www.strava.com/routes/24221113>

6.26 mi

Distance

1,079 ft

Elevation Gain

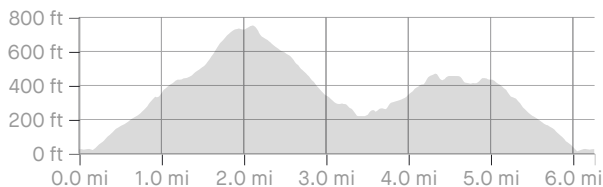
MTB

Ride Type

Est. Moving Time: 34:26



[Report a map error](#)



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws. Est. Moving Time based on your avg speed of 10.9 mi/h over last 4 weeks

DIRECTION	DISTANCE (miles)
-----------	------------------

Proceed onto High Street	0.0
Left onto Station Square	0.0
Continue on High Street	0.0
Continue on West End Roundabout	0.1
Left onto Lundavra Road	0.1
Proceed onto Lundavra Road	0.5
Continue on Old Military Road	0.9
Proceed onto null	0.9
Proceed onto null	1.3
Proceed onto null	1.9
Proceed onto null	2.1
Proceed onto null	3.2
Proceed onto null	3.6
Proceed onto null	4.5
Proceed onto null	4.9
Right onto Old Military Road	5.2
Continue on Lundavra Road	5.3
Left onto West End Roundabout	6.0
Left onto High Street	6.0
Continue on Station Square	6.2
Right onto High Street	6.2
Arrive at Finish	6.2