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# OFF BEAT BIKES

FORT WILLIAM, SCOTLAND



Electric Ex-hire Bike Sale, FREE Yoga for Cyclists, FREE E-bike Tests

October 2019



## ELECTRIC EX-HIRE BIKE SALE - On Now!

Making room for our new electric bike fleet we have some excellent Cube E-bikes on sale now.

**RRP £2,100 NOW £1,550**

**RRP £2,200 NOW £1,650**

These have been a winner time and time again.

Get in touch to reserve one today. Email [info@offbeatbikes.co.uk](mailto:info@offbeatbikes.co.uk) or call in. Open 7 days a week.

[Cube Electric Ex-hire Bikes](#)



**CUBE STEREO HYBRID 140 £3,799**

## 2020 FULL SUSPENSION E-BIKES COMING OCTOBER!

There's a top line up for 2020 from Cube Hybrid Electric Bikes. This carbon Cube Stereo Hybrid 140 comes with 29" wheels and high strength motor this enduro style frame is perfect for anything from comfy green trails to knarly blacks.

Come and try one on our next test day. Sign up [here](#). Call by the shop to find out more.

[Cube Stereo Hybrid 140 review - click here](#)

MOUNTAIN YOGA  
KINLOCHLEVEN



## FREE YOGA FOR CYCLISTS TASTER SESSION Tuesday 29th October

Our supreme Sales Assistant, **Penny Clay**, owns and runs [Mountain Yoga Kinlochleven](#). Penny is running an introductory taster session for bikers at Off Beat Bikes from 10am to 11am on Tuesday 29th October. Book your slot [here](#).

[Book your Yoga Taster Session - click here](#)

## EX-HIRE BIKE SALE - On Now!

Our hire bikes this summer have been awesome! Everyone has loved how well they perform on everything



RRP £599, EX-HIRE PRICE FROM £375

from canal banks to steep single track. Available now so pop by and take a look! They are the perfect all round bike.

RRP was £600 and we'll be selling them with prices from £375 to £400. Get in touch to reserve one today. Email [info@offbeatbikes.co.uk](mailto:info@offbeatbikes.co.uk) or call in. Open 7 days a week.

**Reserve a Whyte 603 - email now**



**CUBE ACID HYBRID ONE from £1,699**

### FREE E-BIKE TEST DAY - Thursday 24th October

Put some fun back into cycling and come and try an e-bike. Would you like to try one? They will certainly make you smile!

The test e-bikes will include a full-suspension, a hardtail and a rigid shopping bike. Pop by the shop to see these in the fles; except the full-sus arriving mid-October!

Call by the shop or email [info@offbeatbikes.co.uk](mailto:info@offbeatbikes.co.uk)

**Book your FREE E-bike Test Ride on Thursday 24th October - click here**

#### Lochaber Athletic Club Winter League 2019/20

2019/20 Races	Distance	Date
Cow Hill (Glen Nevis)	Short	17/11/19
Drumfada Chase (Annat)	Medium	24 Nov
Beinn Bhan Bash (Glen Loy)	Short	1 Dec
Cour Loop (Nevis Range)	Long	8 Dec
Cruimm Leacain (Torlundy)	Medium	26 Dec
Riverbank Splodge (Glen Nevis)	Medium	5 Jan
Fassfern Faff (Fassfern)	Long	19 Jan
Puggy Line Plod (Nevis Range)	Medium	2 Feb
Ben Lora (Benderloch)	Short	9 Feb
Figure 8 (FW Leisure Centre)	Long	1 March
Prize Giving Ceilidh		14 March TBC

**Race distances:** Short (up to 5.9 miles)  
Medium (6 – 9 miles)  
Long (9.1 miles or more)

**Timekeeper/Scorekeeper:** Helen Smith  
**Winter League contact:** Graham Macnab  
(Tel: 07500504189)

### LOCHABER ATHLETIC CLUB - Winter League Dates 2019/20

It's here again! The amazing Lochaber Athletic Club Winter League.

Remember for all long races full body cover is required. If you're not quite sure call by and some member of the staff will be able to advise you. Call in, we're open 7 days.

**Winter League Dates from Lochaber Athletic Club - click here**



### OFF BEAT BAKE OFF - £61.96 FOR MACMILLAN

Thanks to everyone that came and made cakes, ate cakes and donated. With such an amazing display of excellent produce it was a tough task for Chief Cake-tester, Foss, to decide the best. After several slices, Foss decided on the winner, Nicky Sharratt, with an amazing Banana Loaf. A special mention goes to Erin Wells and Niahm Cant who produced some delicious cupcakes.

Finally, and more importantly, we raised £61.96 for Macmillan. THANK YOU ALL.

### LOCAL SWIM, BIKE & RUN EVENTS

1. Saturday 5th October - **Corran Narrows Open Water Swim**
2. Saturday 12th and 13th October - **Scottish Enduro at Nevis Range**

3. Saturday 19th and 20th October - **Relentless 24 Hour Bike Race**
4. Tuesday 24th October - **E-Bike Test Day (FREE)**
5. Sunday 27th October - **Fort Augustus to Fort William Bike Race**
6. Tuesday 29th October - **Yoga for Cyclists Taster Session (FREE)**

**Also:**

- **Park Run** every Saturday starts at 9.30am at Nevis Range
- NEW in January 2020 - The **Tyndrum 24** running race
- Lochaber Athletic Club and West Highland Wheelers Winter Leagues start in November!

As the Autumn arrives it's time to get that bike washed ready for the West Highland Wheelers winter league, the trainers out for the Lochaber athletic Club Winter League and the boots and gloves for the Open Water Swimmers!

Happy swimming, biking and running,

**The Off Beat Bikes Team**

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*NEXT MONTH: More Winter Leagues Dates, Maintenance Classes, Christmas...*

**SEE YOU ON THE TRAILS, ON THE HILL OR IN THE LOCH!**

**[www.offbeatbikes.co.uk](http://www.offbeatbikes.co.uk)**



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