

OFF BEAT BIKES

FORT WILLIAM, SCOTLAND



Electric Bike Test Day, Time Trials, Easter Swim and Runs!

April 2019

1. **SWIM** Easter Sunday Swim at 10am at THE OLD FORT
2. **BIKE** Time Trial Dates 2019 Road and Mtb
3. **BIKE FREE** Electric Bike Test
4. **Jon Farmer** goes adventuring
5. **RUN** Aonach Mor Uphill Running Race (April)
6. **RUN** Glencoe Mountain Uphill Running Race
7. **Local Events** Coming Up



1.EASTER SUNDAY OPEN WATER SWIM AT THE OLD FORT

Join a fun dip in Loch Linnhe on Easter Sunday! It'll be a bit of fun to get wet before your Easter Eggs. This will make a nice start to the Open Water Swim season with no pressure to swim a set distance.

Call in for any advice including wetsuit, swim wear and event information. We're open 7 days.

[Open Water Swim in Loch Linnhe - click here](#)



2.TIME TRIALS START - Tuesday 2nd April at 7pm

Come to a time trial! The first one, a Locheil 10, is on Tuesday 2nd April. It's an easy, flat 10 miles and great for all abilities.

To take part you need to join the West Highland Wheelers ([click here](#)) or forms will be available on the night. It's only £15 and then all future Time Trilas in 2019 will be free. Everyone welcome.

If you fancy helping with the timing please get in touch with the Race Organiser, Nix. Call Nix on 01397 704008, pop in to the shop or email nix@offbeatbikes.co.uk

[Time Trials dates and locations - click here](#)

3.FREE ELECTRIC BIKE TEST (FREE) - 21st April 2019

For those that missed the last one we've another free CUBE electric bike test day! Discover how easily you can cycle around town, up a hill or dodge the traffic queues. Read about Mandy's Electric Bike experience [here](#) or read 6 good reasons to go electric on our website, [here](#).

The test day is on a first come first served basis so book up now before it's too late. The rides will be heading out at 1pm and 3pm. This FREE test is just a bit of fun and you won't get left behind.

To find out more or to book see [here](#). For more Email us

on info@offbeatbikes.co.uk or give us a call on 01397 704008 or pop in. We're open 7 days.



[Book a FREE Electric Bike Test - click here](#)



4. JON FARMER MOVES ON FOR A FEW YEARS!

Our Head Bike Mechanic, Jon Farmer, is jetting off on a Canadian adventure with girlfriend Hannah Beardmore for a couple of years. Joining us from our opening in March 2017, both staff and customers have really appreciated his hard graft and excellent customer service in going that extra mile. With Cytec and Electric Bike qualifications he'll be a miss. We hope he has a great time and wish him the very, very best.

He'll be a hard act to follow but we've found the man! We'll keep you posted.

[Read more about our brilliant staff - click here](#)



5. AONACH MOR UPHILL RUNNING RACE - Saturday 13 April

There's still time to enter this great wee race! Start near the Pinemartin Cafe and finish 5k later at Nevis Range top cafe.

- FREE t-shirt for all finisher
- Cost £12 per person
- Great race for beginners to hill running.

Give us a call on 01397 704008, call in or email info@offbeatbikes.co.uk We're open 7 days.

[Aonach Mor Uphill details and enter - click here](#)

6. GLENCOE MOUNTAIN UPHILL RUNNING RACE - Saturday 8 June

Join a short uphill running race starting at Glencoe Mountain Resort Restaurant and finishing close to the Plateau Cafe with a distance of around 5km and 500metres of ascent.

- FREE t-shirt for all finishers
- Cost £12 per person
- FREE chairlift return to bottom cafe
- Great race for beginners to hill running.

Give us a call on 01397 704008, call in or email info@offbeatbikes.co.uk We're open 7 days.

Glencoe Mountain Uphill details and enter
- [click here](#)



7. LOCAL SWIM, BIKE & RUN EVENTS

1. Tues 2 April - **Locheil Time Trial** - see [here](#).
2. Thurs 4 April - **Cour Loop Time Trial** - see [here](#).
3. Tues 9 April - **Commando Memorial** - see [here](#).
4. Sat 13 April - **Aonach Mor Uphill Running Race** (April) **FREE t-shirt** - see [here](#).
5. Sun 14 April - **Open Water Swim at The Old Fort** - see [here](#).
6. Tues 16 April - **The Peat Track Challenge** - see [here](#).
7. Tues 23 April - **Loch Leven Time Trial** - see [here](#).
8. Tues 30 April - **Locheil Time Trial** - see [here](#).

Looking ahead to May

1. All weekend 4 & 5 May - Test Day at Wolftrax - see [here](#).
2. Glencoe Mountain Uphill Running Race **FREE t-shirt** - see [here](#).
3. **Park Run** every Saturday starts at 9.30am at Nevis Range.

As the the nights get brighter and the weather a bit warmer then maybe it's time to try a bit of loch swimming. We hope you might fancy joining us for a few dips this year! Dates and times will be emailed next month. The views from the lochs are inspiring!

Always happy to help!

Best wishes from,

The Off Beat Bikes Team

t: +44 1397 704008

e: info@offbeatbikes.co.uk



NEXT MONTH: Open Water Swims, Bike Test Weekend at Wolftrax

SEE YOU ON THE TRAILS, ON THE HILL OR IN THE LOCH!

www.offbeatbikes.co.uk

