

OFF BEAT BIKES

FORT WILLIAM, SCOTLAND



FREE Electric Mountain Bike Test Night and more

April 2018

1. Evening biking Thursday at 6pm
2. Aonach Mor Uphill Running Race (April)
3. FREE Electric Mountain Bike Test night
4. Glencoe Mountain Uphill Running Race (June)
5. WHW Time Trials start on Tuesday
6. Ten Under The Ben
7. Open Water Swim - Good Friday Dip report



1. EVENING BIKING THURSDAY - 4th APRIL AT 6PM

Come along on an evening social bike ride. Just turn up at 6pm at **Off Beat Bikes** ready to bike! No need to book. This event is **FREE** so you can save your pennies for a pint at **The Grog and Gruel** afterwards! All welcome.

Mountain Bike Ride from Off Beat Bikes Thursday 4th April 6pm - 8pm ALL WELCOME



FOX 2018 CLOTHING HAS ARRIVED

There's a fantastic range of Fox technical and casual summer clothing now in stock. Tees from £25, Sweatshirts from £40 and the famous Dirt Paw gloves in red, yellow, black, orange at £25.

Call in to see more; we're open 7 days.



2. AONACH MOR UPHILL RACE - 14th APRIL 2018

Run, fast walk or race up the Giant Red Route at Nevis Range. It's 5km of uphill and around 500 metres of ascent. There's a FREE gondola ride back down. Find out more by [clicking here](#).

Aonach Mor Uphill Running Race. 14th April. ENTER [here](#).

HOKA TEST DAY AND NEW JAWZ RUNNING SHOE REVIEW

Our friends at **Hoka One One** are coming to the Aonach Mor Uphill Running Race. They'll have a selection of both on and off road trainers for you to try. Just turn up early on Saturday 14th April and Tom, from Hoka, will be able to let you test both an on and off road shoe.

Off Beat Bikes have recently received the **Hoka One One Jawz**. This new hill running shoe is possibly the first real match for the Inov-8 Mudclaw. The super

grippy Vibram sole, the lightweight ripstop upper are exceeding expectations. They're also really comfy. Read more about how they performed on Ben Nevis [here](#).



3. FREE ELECTRIC BIKE TEST NIGHT WITH CUBE - Wednesday 18th April

CUBE Electric Bikes are bringing a selection to Fort William from 6pm to 8pm on the 18th April. There'll be the Cube **Acid 500 29** along with the Cube **Reaction Hybrid Pro 400**. You'll be able to take one for a test ride. Get your name on the "TRY IT" list by calling in to the shop and leaving your contact details; we're open 7 days, call us on 01397 704008 or email info@offbeatbikes.co.uk



LOCHABER ATHLETIC CLUB VESTS (£15) AND TEESHIRTS (£16). ALL SIZES NOW IN STOCK



4. GLENCOE MOUNTAIN UPHILL RUNNING RACE - 9th JUNE 2018

Try this NEW race for 2018 on a trail at Glencoe Ski Centre. The uphill climb will be around 500m and distance of 5km. **FREE tee shirt and FREE chairlift ride back down.** Find out more by [clicking here](#).

Glencoe Mountain Uphill Running Race. 9th June.
ENTER online [here](#).



5. TIME TRIALS START ON TUESDAY! DATES FOR 2018 FROM THE WEST HIGHLAND WHEELERS

It's time to give your road bike out the shed and give it a clean. The first Tuesday of the month are the Locheil 10's. See the full line up of dates and locations - [click here](#).

TIME TRIALS 2018 - All at 7pm			
1	TUESDAY	03-Apr	Locheil 10
2	TUESDAY	24-Apr	Loch Leven
3	TUESDAY	01-May	Locheil 10
4	TUESDAY	15-May	Commando Memorial
5	TUESDAY	29-May	Locheil 10
6	TUESDAY	05-Jun	Locheil 10
7	TUESDAY	12-Jun	Laggan Dam
8	TUESDAY	26-Jun	Locheil 10
9	TUESDAY	04-Jul	Locheil 10
10	TUESDAY	10-Jul	Commando
11	TUESDAY	31-Jul	Locheil 10
12	TUESDAY	07-Aug	Locheil 10
13	TUESDAY	14-Aug	Loch Leven
14	TUESDAY	28-Aug	Locheil 10

6. TEN UNDER THE BEN - 28th April 2018

This classic mountain bike endurance marathon is organised by



our good friends at **No Fuss Events**. The format is a 10-mile lap with a 10-hour time limit, 10 Under the Ben takes place on the trails beneath Ben Nevis. Get signed up with an entry [here](#).



7.GOOD FRIDAY OPEN WATER SWIM REPORT

Bright blue sky, lack of wind and lovely sunshine made this swim a great day. Hope those that took part enjoyed it! We'll be coordinating more evening swimming events after the Easter break. Like us on [Facebook](#) to follow our plans; [click here](#).

8.CALL IN TO SEE OUR HUGE RANGE OF SAFETY BUOYS, GLOVES, SOCKS AND GOGGLES!

We've expanded our range of swim accessories complementing Orca and Dryrobe with Zone3. Safety buoys start from £19.99, socks from £24.99 and gloves from £34.99. Call in to try some on!

Enter a local open water swim event. Charity organisers Highland Open Water Swim are organising an across Loch Linnhe Swim - [click here](#).

Call in to find out more; we're open 7 days.



Remember....nice people swim, bike and run!
See you out there.

Best wishes,

The Off Beat Bikes Team

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PS For anyone that missed The Moment the film was excellent and we'll be back with more films soon!

Bike Hire & Shop
 High Street, Fort William

Date	Time	Event	Where
Friday 30 th March	10am	Swim	Good Friday Open Water Swim at The Old Fort, West Highland College. FREE.
Thursday 5 th April	6pm	Bike	Social Mountain Bike Ride starts from Off Beat Bikes. FREE.
Saturday 14 th April	3pm	Bike	Amnath Mor Uphill 5km Running Race at Nisna-Saig. £5 Entry.
Wednesday 18 th April	6pm	Bike	Electric Bike Test Evening. Come and try FREE at Off Beat Bikes. FREE.
Thursday 2 nd May	6pm	Bike	Social Mountain Bike Ride starts from Off Beat Bikes. FREE.
Thursday 7 th June	6pm	Bike	Social Mountain Bike Ride starts from Off Beat Bikes. FREE.
Saturday 9 th June	2pm	Bike	Glennasmole Mountain Uphill Running Race, Glencoe Mountain. £15 Entry.

ALL WELCOME, SPECTATORS TOO!

If you need more information call into Off Beat Bikes on the High Street in Fort William, email info@offbeatbikes.co.uk or call us on 01397 704008
www.offbeatbikes.co.uk/rent www.facebook.com/bikefortwilliam/

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NEXT MONTH: May Madness

SEE YOU ON THE TRAILS, ON THE HILL OR IN THE LOCH!!

www.offbeatbikes.co.uk

